It All Starts Here

The Master Plan Workbook
There are:

- 4-Year Colleges and Universities
- 2-Year Community College Programs
- Certificate Programs
- Vocational Training
- Military
- Employment

Whatever pathway you choose, there will be entrance requirements to meet, placement tests to take, essays to write, skills to learn and knowledge to demonstrate in order to proceed along your pathway.

The concrete advice in this workbook will help you create a Master Plan for a productive, successful life.

So let’s get started!

http://riseupms.com/
WHAT DO THESE ATTRIBUTES HAVE IN COMMON?

They describe: COLLEGE GRADUATES

http://riseupms.com/planning/career-centers/
You and your friends are probably looking forward to the many opportunities (and fun) you’ll have during high school.

School is a great time in your life, but it’s what’s beyond high school that really matters. What’s beyond high school? “Real Life.”

If you’re wondering what you can do now to impact your “real life”, the answer is astounding. You can (and must) do A LOT.

But before you dash off to break open your algebra text here’s a preview of what you need to know and do right now to be ready.

Remember the possibilities for your future are endless……...

if you make a Plan!!

http://riseupms.com/apply/checklist/  
College Prep Checklist by Grade
What Is Your Education Style?

Since there are almost as many colleges as there are types of students, take this quiz to see which of the four education styles best describes you. Don’t worry – everyone is a mix of all four. There is no right or wrong answer to any of these questions.

Check the box with the answer the best describes you.

1. School is fun:
- Almost always.
- Especially the games after school and Friday nights.
- Hardly any of the time. It’s hard work to keep up with some subjects.
- Between classes – when I catch up with what my friends are doing.

2. By late summer:
- I can’t wait to go back to school.
- I’m ready for some football games.
- I’m already worried about the school year.
- I am so ready to find out everything that happened to everyone all summer.

3. I get most of my homework done:
- As soon as it is assigned.
- After practice, if I’m not too tired.
- When I clearly understand the assignment.
- Late at night, after all my friends stop texting me.

4. My favorite part of high school is:
- Learning.
- Athletics.
- Lunch.
- Friends.

5. Even if my friends weren’t there, I’d enjoy school:
- Friends? What friends?
- My friends are my teammates, without them we’d have no teams.
- Sometimes.
- Never. I’d die of boredom.

6. I am enthusiastic about most of my classes:
- Especially the ones that challenge me.
- Especially the hands-on classes, like PE.
- When I like the subject.
- When my friends are in the same class.

Which color block did you check the most?
Everyone is a mix of different educational styles. Read on to see what your particular style means for your high school years.

**The Scholar:**

If you marked mostly orange boxes, you are a Scholar. You probably do pretty well in school and enjoy learning. Remember, however, only part of a college admission decision is based on academic performance. In order to get admitted to the college of your choice you should:

- Enroll in AP classes and take the AP exams for scholarship opportunities.
- Join in non-academic activities – think social clubs, community service or volunteer work.
- Participate in a sport.
- Develop hobbies and interests outside of school.

**The Sport:**

If you selected mostly blue answers you are an Athlete. You excel at athletics and like to keep active. You may even be hoping to win an athletic scholarship. In order to be successful, you should consider the following:

- Remember potential athletes far outnumber athletic scholarships so don't just focus on sports.
- Scholar-Athletes are highly prized by college coaches. Take the College Prep curriculum and consider Advanced Placement courses.
- If you have any areas of academic weakness, request help as soon as possible.
- Get involved in at least one school club and/or community service organization that does not focus on sports.

**The Striver:**

If most of the boxes you checked are red, you are a Striver. Good grades do not always come easy for Strivers but they want to do well so they work hard. But sometimes they get discouraged. Talk to your counselor and your teachers to help you identify your academic strengths and weaknesses, then find ways to make improvements.

- Enroll in after school tutoring or summer classes.
- Ask your counselors and what you need to do to get to college. Then follow their advice.
- Start thinking about what careers or subjects interest you the most. Choose clubs or activities that will expose you to these options / help you learn more.
- Practice good study skills and habits.

**The Social:**

If you selected mostly answers with light green boxes you are Social. You are popular, have lots of friends and like to have fun. Being sociable and well-liked is certainly a good thing but don't forget that to get to college, where there are many fascinating people just waiting to meet you, you have to be serious some of the time.

- Get focused on academics and enroll in the College Prep Curriculum or HELP Core Curriculum.
- Choose friends and mentors who respect your goal of college.
- Tell your counselors and teachers you are preparing for college. Ask what you need to do to get there and follow their advice.
- Hold yourself back from over-involvement in activities that distract from your studies; such as a part time job, or socializing.

http://riseupms.com/apply/gettingready/interests/ Personality Quiz
START A >>

COLLEGE DISCOVERED

DREAM PORTFOLIO

...and you could win you a $500 Book Scholarship!

Think “Pinterest” for your college career!

Awards

Articles about Colleges

Clubs

Articles about Majors

GPA + other Test Scores

2014-15

Important Dates

SUCH AS: ACT • SAT Admissions FAFSA

For details, visit parents-kids.com and click on the button in the upper right hand corner:

http://www.parents-kids.com/
List 2 action steps you can take right now to strengthen your educational style.

1. ____________________________________________________________________________
   ____________________________________________________________________________
   ____________________________________________________________________________
   ____________________________________________________________________________

2. ____________________________________________________________________________
   ____________________________________________________________________________
   ____________________________________________________________________________
   ____________________________________________________________________________

Make an appointment to see your school counselor and get advice on steps you can take to be a better student.

Take Notes!!

http://riseupms.com/apply/gettingready/interests/
Personality Quiz
There are **5 Core Areas** that scholarship committees across a variety of colleges and universities take into consideration when evaluating prospective students. The 5 P’s measure your performance in school, your potential to benefit from higher education, your participation in interests outside of the classroom, your personality, and your school’s profile.

**Performance:** How did you do in school academically? What were your accomplishments?

Your performance is evaluated by your grades and class rank, enrollment in more challenging courses such as advanced placement (AP) and dual enrollment, and any academic awards earned.

**Profile:** Have you taken advantage of all your school has to offer?

A profile is just a picture of your school. That picture might include academic courses offered, GPA and class rankings, average ACT or SAT scores, academic awards, and other information on the graduating class.

**Potential:** Do you show academic promise? Will you meet the challenge of higher education?

Your potential is evaluated by the results of your test scores on the ACT and the SAT, Advanced Placement exams, and International Baccalaureate test scores.

**Participation:** Did you make a contribution to your school and community by your involvement in activities?

Your participation is evaluated by the difference you have made in your school and community through membership in academic and service clubs, sports, volunteer work and service learning projects.

**Personality:** What makes you tick? Who are you as an individual?

Your personality or character is evaluated by how you present yourself through personal essays, admissions essays, scholarship essays, personal recommendations, and admission interviews.
A resumé introduces you to someone who does not know you or your accomplishments. Employers, college admissions officers, scholarship committees all use it to understand what kind of person you are and what experiences you have had. Your teachers and counselor can review your education resumé to help you evaluate your strengths and weaknesses.

Knowing what scholarship committees look for, let’s look at two students’ high school resumés. Later on, you can use these same skills when you apply for your first job.

Test your Knowledge:

1. Look at each of the two education resumés on the right and circle the key elements committee members are looking for. They are performance, potential, participation, personality and profile or The 5 P’s.

2. Analyze the two resumés.

3. *Which resumé would you approve if you were a scholarship committee member? ______________________________________

   ______________________________________

   *Why?_______________________________________

*There is no right answer: You are more likely to win a college scholarship if you enroll in a mix of challenging classes, participate in school clubs, athletics, and volunteer activities, and have a variety of interests and hobbies outside of school.
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West High School Activities

Awards:
2006-2007
2005-2006
Leadership:
2004-2005
2005-2006
Clubs:
2007-Present
2005-2007
Community Service:
2006-2007
2007
National Honor Society - President
National Technical Honor Society - President
West High School Girls Club - Vice-President
West High School Student Council Representative
West High School Glee Club - Member
West High School Marching Band - Member
Music Production Summer Intern
Community Clean-up
Delta State University
Mt. Hebron Missionary Baptist Church

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Objective: To obtain admissions to the University of Mississippi
Course of Study: Secondary Education / Sociology

Education:
College Prep Curriculum GPA 3.9
Advanced Placement classes completed and Advanced Placement exam scores:

Awards:
Windsor High School, Windsor, MS
• Superintendent's List
• Senior Beta Club
• Past Vice President and Current President
• Miss Windsor - First Alternate
• Miss Windsor - Winner
2004-2008
2004-2008
2004-2008
2007
2008

Staple Middle School, Staple, MS
• Superintendent's List
• Junior Beta Club, Member
2001-2004
2001-2004

Summer Enrichment / Community Service:
Sunflower County Freedom Project, Sunflower, MS - 2001-2008

Volunteer Service:
• Youth Group Leader - Mt. Sinai Church
• Youth Softball Coach, Girls Division
• Youth Volunteer League Leader
• Redwood Nursing Home

• Program activities: Character education, Education enrichment, Discipline,
• Town clean-up - Rome, MS
• Abandoned building clean-up - Staple, MS
• 10-day Black History Performance Tour to Washington DC, Atlanta, New York

• 2004-2008
• 2003-2008
• 2002-2007
You may lean more towards one aspect of your resumé than another. But be careful! Committee members will want to see a balanced sampling of your talents and experiences.

Which would you pick? Circle the most balanced.

“...a balanced sampling of your talents and experiences...”
Life After High School

Regardless of your chosen path, employers value these skills:

- Work Cooperatively
- Communicate Clearly
- Write Proficiently
- Think Critically
- Solve Problems

Skills and Knowledge employers look for:

- Join a group
- Take a speech class
- Invest in your English classes
- Practice evaluating pros and cons, learning to categorize/classify, and look for patterns
- Practice brainstorming with friends

“WANT TO START A FLORAL SHOP.”

“I WANT TO BE INVOLVED IN SOCIAL MEDIA.”

“I WANT TO MAKE A DIFFERENCE IN MY COMMUNITY.”

“I WANT TO BE A PROFESSIONAL SPORTS PLAYER.”

“I WANT TO SERVE IN THE MILITARY”

“I WANT TO DO RESEARCH.”

TURN YOUR DREAMS INTO REALITY

Lumina study, ___
IF YOU STUDY...

Trace each line to discover its match!

History
Chemistry or Biology
Art & Graphic Design

Theatre
Human Anatomy

Mass Communication

Computer Science
Biblical Studies

Vet Tech Program

Allied Health

Foreign Language

Music

English

Fire Science

Meteorology

Education

http://riseupms.com/planning/job-hunter/
YOU CAN BECOME...

- Makeup Artist
- Animation
- Crime Technician
- Sports Announcer
- Storm Chaser
- Teacher
- EMT
- Physical Therapist
- Minister
- Editor
- Composer/Musician
- Translator
- Veterinarian Technician
- Professor or Lawyer
- Fire Fighter
- Video Game Designer

VISIT riseupms.com for a Degree Finder to help identify possible majors.
Entrance Requirements for:

- 4-Year Public Universities
- Community Colleges
Start Creating A Resumé Now!

Remember, colleges are interested in admitting well-rounded students who take a mix of challenging classes, participate in school clubs and athletics, join community service projects and volunteer opportunities, and have a variety of interests and hobbies outside of school.

Resumé Builder:

Name: ________________________________________________________________

Contact Information: ___________________________________________________

Education: ____________________________________________________________

Extra-Curricular Activity/Employment: _________________________________

Awards: _____________________________________________________________

Volunteer Service: _________________________________________________

References: ________________________________________________________

So go ahead, apply what you have learned and create your own resumé.

Ask your counselor, your parents, and teachers to read it. They will be happy to provide input and will assist you in identifying strengths and correcting weaknesses.
Parents and guardians can use the site to find information on steps they can take to help their children plan and prepare for college. Ideally, college planning and preparation should start as early as possible. Don't wait for high school; start in middle school or earlier!

Rise Up and Parent Guide 2 College are part of the College Knowledge Project, an initiative of the Mississippi Institutions of Higher Learning.

10 REASONS TO VISIT RISE UP MS

1. The College Planning Checklist helps you understand the steps to take to get into the college of your choice.

2. The College Profile Tool gives you a snapshot of every college in Mississippi.

3. The College Search Tool helps you look for a college that fits you and your unique personality.

4. The Career Planning Tool to help you figure out what you might want to be when you grow up.

5. The Compare Colleges Tool lets you compare several colleges at a glance.

6. The College Life Tool will help you understand what it is like to be on a college campus.

7. Get Ready for College has grade-level checklists and links you to practice tests like the ACT and SAT.

8. The Scholarship Finder Tool gives you access to 6,000 scholarships.

9. The Apply for College Tool will explain how to complete college admission applications.

10. The Financial Aid section will explain how to apply for financial aid and what sources are available.

HELP FOR PARENTS

Parents and guardians can use the site to find information on steps they can take to help their children plan and prepare for college. Ideally, college planning and preparation should start as early as possible. Don't wait for high school; start in middle school or earlier!

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FEDERAL FINANCIAL AID
WHAT: The FAFSA4caster Tool
WHEN: Prior to completing FAFSA form
WHERE: www.FAFSA4caster.ed.gov
WHY: To help you understand your options for paying for college by estimating your eligibility for financial aid. The FAFSA4caster provides you with an estimate of your Expected Family Contribution or EFC*.
HOW: Complete and submit an online estimator.

* The EFC measures your family's financial strength or ability to contribute financially to your college education.

STATE FINANCIAL AID
WHAT:
WHEN:
WHERE:
WHY:
HOW: Complete and submit an online estimator.

SCAMS

FOR COLLEGE
Searching for money for college takes lots of time so start early!

RESOURCES FOR SCHOLARSHIPS

http://riseupms.com/financial/find-a-scholarship/

http://riseupms.com/financial/#2/

http://riseupms.com/financial/#3

SAVING FOR COLLEGE

The FAFSA Form
WHAT: The Free Application for Federal Student Aid (FAFSA)
WHEN: After January 1st of your senior year.
WHERE: www.fafsa.gov
WHY: To determine your eligibility to receive financial aid to attend college by calculating your Expected Family Contribution or EFC*.
HOW: Complete and submit an online application.

* Colleges use the EFC to calculate the amount of financial aid you will receive and to prepare a financial aid package to help you meet your financial need. Financial need is the difference between your EFC and your college's cost of attendance (which can include living expenses), as determined by the college.
The Master Plan Workbook

ECONOMIC IMPERATIVE

- 24% of Mississippi working-age adults hold an Associate’s degree or higher
- 29.9% of Mississippi adults have some college but no degree
- 54% of Mississippi jobs will require training or education beyond high school by 2018

PROJECT IMPACT

- Interacted with 217,090 students, parents and school staff during workshops, community events, presentations and exhibits.
- Distributed 384,866 post-secondary education planning and preparation publications to students, parents and community events.
- Provided professional development opportunities to 3,859 counselors and teachers.
- Assisted 10,569 students with FAFSA completion.
- Delivered College Knowledge Toolkits to 522 counselors and librarians.

MISSION

Administered by the Mississippi Institutions of Higher Learning

PROJECT SERVICES

- Middle School Outreach
- College Access Website and Transfer Tool
- Community Partnership Building
- Professional Development

TARGET AUDIENCES

- Non-traditional students
- First Generation students
- Low-income students
- High School students
- Middle School students
- Parents
- Counselors
- Teachers
- Community Leaders

“...She (the college access coordinator) is the only college person I met that talks to us and takes time out for us and teaches (us) all about college things.”

– 5th grade student
Boys & Girls Club
Greenville, MS

PUBLICATIONS

VISITORS: 893,971

CAGIP funds are used to support the RiseUpMS.com website which features information on all aspects of college preparation and training for all Mississippi residents.

For more information, contact Marsha Watson, College Knowledge Project Director, at 601-432-6177 or mwatson@mississippi.edu.
Checklist of items needed to complete the FAFSA:

Gather The Following Information About Yourself And Your Parents (if dependent student)

- Copy of your and your parents’ federal tax returns (2014 returns for the Fall 2015 college term)
- Your and your parents’ driver’s licenses, Social Security numbers and birthdates
- Your and your parents’ W-2 Forms and other records of money earned
- Current bank statements or an amount of your and your parents’ cash, and savings and checking accounts
- Current business information
- Stock, bond and other investment records or a total amount of investments not in retirement accounts
- Your alien registration card (if you are not a U.S. citizen)
- Date of your parents’ marriage, divorce or separation

Use this Datasheet to keep track of your info:

Student’s Name _______________________________  Date FAFSA Submitted ______________________

Password for FAFSA ____________________________________________________________________

PIN challenge question/answer for student ____________________________________________________

____________________________________________________________________________________

PIN challenge question/answer for parent ____________________________________________________

____________________________________________________________________________________

Student’s Federal PIN ______________ Parent’s Federal PIN ____________ (circle - mother’s or father’s)

Mississippi FA PIN __________________________
Dear Counselors,

College Planning really does begin early and counselors play a significant role. The Master Plan workbook is designed to help high school students understand the relationship between academic preparation and college admissions as well as the fact that their counselor and teachers can, and will, help them become “college ready.” We invite you to use the Master Plan and assist your high school students to construct a pathway to college and their future.

Don’t have a QR code reader? Don’t worry! Here’s where to find one:

QR Reader for iPhone

QR Reader for Android
**Roadmap to College**

**Freshman Year**
- Attend orientation
- Talk to counselor about courses needed for college
- Begin your college dream portfolio
- Begin College Search
- Enroll in Algebra I and Freshman English
- Take summer classes if needed
- Volunteer in the community
- Attend College Knowledge workshop

**Sophomore Year**
- Speak with your advisor
- Take Geometry and Sophomore English
- Join academic club
- Sign up for ACT/SAT workshop
- Attend Scholarship Search workshop with parents
- Apply for Upward Bound Program
- Talk to parents about future education plans
- Volunteer in community

**Senior Year**
- Speak with your advisor
- Take Trig and Senior English
- Collect recommendations for college and scholarship applications
- Re-take ACT/SAT, if needed
- Complete college admission applications
- Don’t give in to “Senioritis”
- Fill out FAFSA & MS State Financial Aid Application
- Complete and mail scholarship applications
- Take AP exams
- Graduate and Celebrate with family and friends

**Jr’s + Sr’s - submit your Dream Portfolio to Parents & Kids Magazine**

**Go to the College of your Choice!**

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**The Master Plan Workbook**

For More Copies: E-mail CollegeInfo@parents-kids.com or call 601-366-0901

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